

El Roi: The God Who Sees Me

A Prayer & Reflection Journal Inspired by Hagar (Genesis 16 & 21)

"You are the God who sees me," for she said, "I have now seen the One who sees me." - Genesis 16:13

Reflection Prompts

- When have I felt unseen or forgotten?
- What does it mean to me that God sees me?
- How has God shown up in the wilderness places of my life?

My Prayer to El Roi

"He Sees Me" Declarations

- ☐ God sees my heart.
- ☐ God sees my tears.
- ☐ God sees my journey.
- ☐ God sees my future.